



British Inherited Metabolic Disease Group

Contact Details Name:

Hospital

Telephone:

..... has **MEDIUM CHAIN ACYL CoA DEHYDROGENASE DEFICIENCY** often called MCADD

- **Please read carefully. ASSESSMENT AND TREATMENT ARE URGENT.** Treatment should be meticulous as there is a high risk of serious complications.
- The major complications are encephalopathy and hypoglycaemia but this is a late complication.
- **Start this treatment** if the patient is obviously unwell or vomiting, hypoglycaemic (blood glucose <2.6 mmol/l) or drowsy. Do not delay if you are uncertain.
- If the child is hypoglycaemic give **Glucose 200 mg/kg at once** (2 ml/kg of 10% glucose or 1ml/kg of 20% glucose) over a few minutes,
- If the peripheral circulation is poor or the patient is frankly shocked, give **0.9% Sodium Chloride 20 ml/kg** and repeat the saline bolus if the poor circulation persists as for a shocked non-metabolic patient.
- **Continue with glucose 10% / Sodium Chloride 0.45% at 5 ml/kg/h ONLY UNTIL THE NEXT SOLUTION IS READY AND AN ACCURATE INFUSION RATE HAS BEEN CALCULATED – DO NOT LEAVE ON HIGH INFUSION RATES FOR TOO LONG**
- If this is not immediately available, continue with glucose 10% until it is ready. (For instructions to make glucose 10% / sodium chloride 0.45% solution [click here](#))
- If there is any doubt at all, the child must be admitted, even if only necessary for a short period of observation.
- Inform the child's metabolic team.
- *This protocol is for the immediate management only.*

More information can be found in the BIMDG standard emergency guideline for MCAD deficiency.